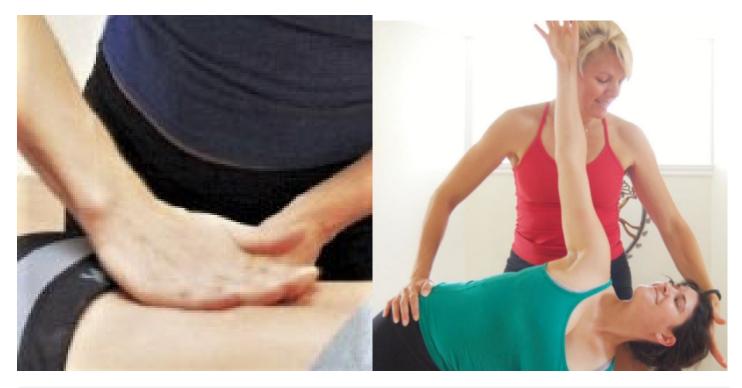
Structural Alignment Therapy

for bodyworkers, manual therapists and/or for yoga, movement & fitness professionals



Transform your bodywork practice. Transform the way you practice and teach movement.

Karen Claffey's biomechanically therapeutic methodology is based on Universal Principles of Alignment™ and incorporates principles and techniques from osteopathy, manual therapy, and yoga therapy.

Learn to address aches and pains from postural imbalance, injuries and repetitive stress.

Schedule: The first 2 days of the program/Module 1 lays the foundation for both specialties. The last 2 days/Module 2 focus on either SAMT (Manual) or SAYT (Yoga):

Module 1 | Foundations for SAMT & SAYT:

- April 25-26, 2020
- June 11-12, 2020

Module 2 | SAMT Focus:

• May 2-3, 2020

Module 2 | SAYT Focus:

• June 13-14, 2020

Tuition: \$425 + HST (\$480.35) p/module

\$50 + HST discount applies for participants who wish to attend Module 2 for both SAMT and SAYT; discount applies to the second Module 2.

**Upon completion of SAT Modules 1 and 2 students will be given free access the Karen's Structural Alignment Yoga Therapy Online Course.

Event Location & Registration Contact:

Heaven on Earth & Integrated Health 188 Green Mountain Rd E, Stoney Creek, ON L8J 3A4 www.heaven-onearth.ca admin@heaven-onearth.ca | 905-664-9099